

## JOB DESCRIPTION SUPPLEMENT

### I. MACHINES, TOOLS, EQUIPMENT:

*Machines, tools, equipment, electronic devices, vehicles, etc., used in this position.*

Telephone, Intercom, Walkie-Talkie, Computer, Automobile, Security/Alarm Systems, Oral and Written Communication Equipment

### II. PHYSICAL REQUIREMENTS: Describes physical conditions of this position.

Light Work: Exerting up to 20 pounds of force occasionally and/or up to 10 pounds of force frequently. If the use of arm and/or leg controls requires exertion of forces greater than that for sedentary work and the worker sits most of the time, the job is rated as Light Work.

### III. PHYSICAL ACTIVITY: Physical activities of this position. Percentage of a typical day involved in each applicable activity is noted.

#### Percentage

- 50 A. Sitting: Resting with the body supported by the buttocks or thighs.
- 10 B. Standing: Assuming an upright position on the feet, particularly for sustained periods of time.
- 40 C. Walking: Moving about on foot to accomplish tasks, particularly for long distances.
- 3 D. Climbing: Ascending and descending ladders, stairs, scaffolding, ramps, poles, etc., using feet and legs and/or hands and arms
- 2 E. Stooping: Bending body downward and forward by bending spine at the waist through the use of the lower extremities and back muscles.
- 3 F. Twisting: Moving body from the waist using a turning motion.
- 3 G. Reaching: Extending hand(s) and arm(s) in any direction.
- 1 H. Pushing: Using upper extremities to press against something with steady force in order to thrust forward, downward or outward exerting up to 20 pounds of force.
- 3 I. Pulling: Using upper extremities to drag, haul or tug objects in a sustained motion exerting up to 10 pounds of force.
- 5 J. Lifting: Raising objects from a lower to a higher position or moving objects horizontally from position-to-position through the use of the upper extremities and back muscles exerting up to 10 pounds of force.
- 30 K. Finger Dexterity: Picking, pinching, typing or otherwise working primarily with fingers rather than with the whole hand or arm.

**JOB DESCRIPTION SUPPLEMENT** (Continued)

- 5 L. Grasping: Applying pressure to an object with the fingers and palm.
- 70 M. Talking: Expressing or exchanging ideas by means of the spoken word. Those activities in which detailed or important spoken instructions must be conveyed accurately, loudly or quickly.
- 95 N. Hearing Acuity: The ability to perceive speech and other environmental sounds at normal loudness levels.
- 95 O. Visual Acuity: The power to see at a level which allows reading of numbers and text, operation of equipment, inspection of machines, etc.

*Note: Will total more than 100 percent as several activities may be performed at one time.*

**IV. WORKING CONDITIONS:** Conditions the worker will be subject to in this position.

Indoors: The worker is subject to inside environmental conditions. There is protection from weather conditions, but not necessarily from temperature changes.