## CHAPTER 4.00 - CURRICULUM AND INSTRUCTION

## 4.14 - Health, Safety, and Physical Fitness

## POLICY:

Health, safety, and physical fitness shall be included in the curriculum in the most appropriate and effective manner so that each student receives instruction in these areas. The physical education program shall focus on providing students with the knowledge and skills to make healthy lifestyle decisions.

- 1. The physical education program shall be consistent with the Florida State Standards. It shall be an integral part of the District Wellness Program.
- 2. The District shall develop a comprehensive physical education policy that details the school district's physical education program, the expected program outcomes, and the availability of one-on-one counseling concerning the benefits of physical education. The plan shall be reviewed annually by the Wellness Committee and modified as appropriate. The plan shall adhere to the requirements of Florida Statutes.
- 3. The participation requirements for physical education will be stated in the Comprehensive Student Progression Plan.
- 4. The requirement for participation in physical education may be waived under certain circumstances as specified in law.

STATUTORY AUTHORITY:	1001.4, 1001.42, F.S.	
LAWS IMPLEMENTED:	1001.43, 1003.41, 1003.42, 1003.428, 1003.453, 1003.455, F.S.	
HISTORY:	Adopted: Revision Date(s): Formerly:	06/17/97 12/03/02, 09/06/05, 07/22/14