

About Mobile Response Teams (MRTs)

The MRT program is designed around troubled youth and young adults (25 and younger), within **Baker, Bradford, Columbia, Dixie, Gilchrist, Hamilton, Lafayette, Levy, Suwannee, and Union** counties, who are in need of 24/7 crisis intervention services.

The program's goals are to lessen the trauma of crisis situations, particularly, diverting individuals away from ER's and/or jail, and stabilizing them in the most conducive setting possible.

During the initial crisis phase, a master's level counselor responds at the crisis location 24/7 (or through Telehealth as requested), while a care coordinator establishes links to appropriate community resources, and a peer specialist regularly follows-up.



Wellness is
within everyone's reach.

Our Mission

To promote the health, recovery, and well-being of those affected by mental illnesses and substance use disorders through prevention, coordinated treatment, and supportive services.

If you are experiencing a crisis, call the MRT Hotline.

It's the same number for all the counties in which we serve:

1-800-330-5615

Call us day or night.



Meridian Behavioral Healthcare, Inc.

mbhci.org

Local: (352) 374-5600

Toll Free: (800) 330-5615



Note: Because of the increased health risks, we prioritize admitting pregnant females and persons who are using drugs intravenously (by injection) to substance use treatment. If you, or the person that you are concerned about, are in one of these priority populations, please let us know when you call for help.



Mobile Response Teams (MRTs)

Mobile Response Teams *aim to...*

- Respond on-site within 60 minutes of a crisis notification
- Follow-up next day with tailored behavioral health crisis-oriented care plans
- Provide screening, standardized assessments, and referral services
- Create safety plans to prevent future crises
- Include family members in decision-making & support process
- Ensure linkage between all continuum of care services; i.e., psychiatry, outpatient, and referral agencies
- Promote use of innovative technologies; i.e., Telehealth.

WHEN TO CALL A MRT

Anyone can call a MRT and absolutely should call a MRT when:

- A youth to young adult - 25 and younger
- Is experiencing a mental health crisis

...which can be identified by any of the following:

- Posing threat to self, others, or property (to include, self-harm, suicidal thoughts and/or actions, harm to others, homicidal thoughts and/or actions, generally aggressive behavior, and/or destruction of property)
- Psychotic perceptions, thoughts, and/or behaviors (to include: hallucinations, hearing voices, seeing images, delusions, and paranoia, all of which may or may not have been induced by drugs)
- Depressive state of being (to include: hopeless feelings, despair, powerlessness, and doom)



The MRT Staff

● Program Managers

Directs day-to-day clinical operations of the Mobile Response Teams within a geographic region - North & South.

● Licensed Clinician/Counselor

Responds to calls 24/7, conducts risk assessments, and completes safety planning over dedicated crisis phone line, and provides therapy and counseling to individuals, couples, and families.

● Care Coordinator

Coordinates the continuum of care process and links clients to the best-suited support systems on an as needed basis.

● Peer Specialist

Serves as a positive role-model to clients & their families, sharing experiential knowledge & skills.

